

In collaboration with the *Institut universitaire sur les dépendances* and the *Association des intervenants en dépendance du Québec*, the Douglas Mental Health University Institute presents the 17<sup>th</sup> exchange session of the CROSS-TRAINING PROGRAM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS

## CANNABIS AND MENTAL HEALTH: Better understanding for improved intervention



Artiste : Ugo Beaudoin-Perreault

### The activities will provide an overview of the:

- Main characteristics of cannabis;
- Problems that may arise among young consumers of cannabis;
- Mental health risks;
- Principles of prevention and treatment;
- Mental health issues associated with legalization;
- Specialized resources.

### The exchange session is designed to be of interest for:

Providers and anyone working with young people or adults dealing with or likely to develop a mental health or addiction problem.

**FREE BUT MANDATORY REGISTRATION: LIMITED NUMBER OF PLACES AVAILABLE!**  
**Registration deadline: May 24, 2018**  
**(unless no places left before this date)**

**THURSDAY, JUNE 7, 2018, 9:00 a.m. to 4:15 p.m.**  
Douglas Mental Health University Institute's Douglas Hall  
and via videoconferencing in partner sites

We thank the *CIUSSS de l'Ouest-de-l'Île-de-Montréal*, the *Institut universitaire sur les dépendances* and the *Association des intervenants en dépendance du Québec* for their financial support.

# CANNABIS AND MENTAL HEALTH: BETTER UNDERSTANDING FOR IMPROVED INTERVENTION

**Preliminary program - Thursday, June 7, 2018**

**Moderator: Michel Perreault, Ph.D.**

<b>8:30</b>	<b>Registration</b>
<b>9:00</b>	<b>Word of welcome and instructions for the day (in French)</b>
<b>09:25</b>	<b>Prevention and harm reduction (in French)</b> Jean-Sébastien Fallu, Ph. D., researcher, <i>Institut universitaire sur les dépendances, CIUSSS Centre-Sud-de-l'Île-de-Montréal</i> , associate professor, <i>École de psychoéducation, Université de Montréal</i> Laurence Darcy, Ph. D., project manager/addiction specialist, <i>Institut universitaire sur les dépendances</i>
<b>10:10</b>	<b>Break (20 minutes)</b>
<b>10:30</b>	<b>Cannabis and mental health: clinical issues (in French)</b> Dr. Didier Jutras-Aswad, MD, MSc, president, <i>Centre d'expertise et de collaboration en troubles concomitants du RUIS de l'Université de Montréal</i> and clinical associate professor, <i>Département de psychiatrie et d'addictologie, Université de Montréal</i>
<b>11:20</b>	<b>Treatment for cannabis consumption disorder: critical assessment and prospects (in French)</b> (via videoconferencing from the <i>Séminaire annuel Convergence, recherche et intervention – CRI 2018</i> ) Karine Bertrand, Ph. D., professor, <i>Programme d'études et de recherche en toxicomanie, Université de Sherbrooke</i> Marianne Saint-Jacques, Ph. D., associate professor, <i>Programme d'études et de recherche en toxicomanie, Université de Sherbrooke</i>
<b>12:05</b>	<b>Lunch and discussion workshops (in French and English)</b>
<b>2:00</b>	<b>Cumulus – Addiction prevention (in French)</b>
<b>2:30</b>	<b>Treatment of teenage marijuana consumers: TUMA program (in French)</b> Ariane Polisois Keating, D.Ps, psychologist, <i>Institut Philippe-Pinel de Montréal</i> Martine David, psychoeducator, <i>Institut Philippe-Pinel de Montréal</i>
<b>3:00</b>	<b>User panel (in French)</b>
<b>3:30</b>	<b>Prevention and public health (in French)</b> Nicole Perreault, Ph. D., psychologist/planning-research advisor, <i>Direction de la santé publique de Montréal.</i>
<b>4:00</b>	<b>Closing remarks and word of thanks (in French)</b>

## **FREE BUT MANDATORY REGISTRATION**

**No later than May 24, 2018 through Eventbrite via the following link (Ctrl + clic):**

<https://www.eventbrite.ca/e/inscription-cannabis-et-sante-mentale-mieux-comprendre-pour-mieux-intervenir-44224737380>

**FOR ADDITIONAL INFORMATION, CONTACT:**

Léonie Archambault at 514 761 6131 #2835 or Michel Perreault at 514 761 6131 #2823

**This exchange session is made possible with the help of the following organizations:**

CISSS de l'Outaouais, CIUSSS de la Mauricie-et-du-Centre-du-Québec, CIUSSS du Centre-Sud-de-l'Île-de-Montréal, CIUSSS du Centre-Ouest-de-l'Île-de-Montréal, CISSS de la Montérégie-Ouest, Commission scolaire de Montréal, Service de Police de la Ville de Montréal, Centre de crise L'Autre Maison, Association des intervenants en dépendance du Québec.

